**DAY 7: FIRE & WIND**

**For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands. For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline. So do not be ashamed of the testimony about our Lord or of me His prisoner. Rather, join with me in suffering for the gospel, by the power of God.**

**2 Timothy 1:6-8**

Wind greatly affects fire. It has the potential to both put out a flame and to spread it. When it comes to the spiritual fire in your life, you have the power and potential to do the same with the wind of your words.

**Today, allow prayer to enhance the flame of faith in your life.**

*Lord,*

*I ask that you would fan into flame the gift of God in me. May it be evident through my example and life. I pray against the spirit of fear and timidity that is showing itself in the following areas of my life:*

*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

*Today, I pray for a spirit of power to overcome \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

*I pray for a spirit of love from you that is directed toward*

*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

*I pray for a spirit of self-discipline in these areas: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

*God, I ask that I will not be ashamed of you or of my faith in you.*

*I pray this by the power of God,*

*Amen.*

**DAY 8 - THE WORD**

**How can a young person stay on the path of purity? By living according to your word. I seek you with all my heart; do not let me stray from your commands. I have hidden your word in my heart that I might not sin against you.**

**Psalm 119:9-11**

God’s Word has transformational power in our lives. Hopefully, you are experiencing that very power as you walk through this prayer journal. There is no doubt a full-on cultural assault is being made on our hearts and minds. Psalm 119 reminds us of the valuable role Scripture can play in defense to that assault.

**Today, pray the transformational work of scripture over yourself.**

*God,*

*Keep me on the path of purity I live according to your word. May I seek you with all my heart and not stray from your commands. Hide your word in my heart so that I might not sin against you.*

*Amen.*

**Added Exercise:**

In what level are you exposing yourself to Scripture? What if you made it a point to commit verses to memory? Several of the Scriptures in this journal would be great to memorize. Maybe start with this one from today.

**DAY 9 - TRUST**

**Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.**

**Proverbs 3:5-6**

Where are you struggling to trust God? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What is happening that is hard to understand? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

In what situations might you be trying to control more than you should?

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You are responsible for your actions and choices. Yet, that those actions and choices must remain in submission to the ultimate leadership and guidance of the Almighty.

**Today, pray this Scripture over you as you seek to trust God.**

*Almighty God,*

*I trust you. I trust you will lead me in (list the items in question #1).*

*I don’t get it. I’m struggling to understand (list the items in question #2).*

*I submit to you. You have control when it comes to (list the items in question #3).*

*In everything I have mentioned, I ask that you make my paths straight.*

*Amen.*

**DAY 10: VALLEYS**

**Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything.**

**James 1:2-4**

We often view spiritual growth as happening in the good times or on the mountaintops, but is that really the case? If you have ever been to a mountain range, you will notice something about the vegetation. The higher you go in elevation, the less green you see. In nature, the most fertile land is found in the valleys. James reminds us the same is true when it comes to our spiritual journey. Our trials are fertile ground to experience a deepening in faith.

What are the “valleys” you are facing in your life right now? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Allow your prayer today to serve as a tiller in the soil of the valleys to help produce growth:**

*Lord,*

*This is not easy to say, but I consider it pure joy that these trials are present because I believe you are growing me. Give me perseverance through the valley(s) of \_(what you mentioned above) so that I may grow to be mature and complete, not lacking anything.*

*Amen.*

**DAY 11: JUSTICE**

**Learn to do right; seek justice. Defend the oppressed. Take up the cause of the fatherless; plead the case of the widow.**

**Isaiah 1:17**

There was a study where the older generation was asked to describe the younger generation in one word. The researchers then went to members of the younger generation to discuss the results. The younger generation was told that the top answer used by the older generation to describe them started with the letter “e” and were invited to guess the word. The answers were varied but had a theme*: Excellent. Exemplary. Exceptional.*

The actual word: *Entitled*.

You are in a culture where “I need” and “I deserve” don’t really match up with the thought. I *need* an iPhone? I *deserve* a starting spot on the team? In the process, a lot of drama can come up where a phrase like “That’s not fair!” will be thrown out. The call of God on our lives involves us truly seeing the areas of wrong in this world and doing something to make things right.

**Pray boldly and prophetically that you will move past entitlement and into a heart of compassion and justice.**

*God,*

*I rebuke a sense of entitlement in the heart and mind of my generation. Instead, I pray I would learn to do right and seek justice. Open my heart and eyes to the oppressed, the fatherless and the widow all around me. As you do, may I be one who defends those being oppressed, who takes up the cause of the fatherless, and who pleads the case of the widow. May I be moved by compassion into action.*

*Amen.*

What are specific ways this passage can become a reality in your life?

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**DAY 12: SOAR**

**He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.**

**Isaiah 40:29-31**

If it hasn’t happened yet, there is coming a time where you think to yourself, “I just want to quit!”

It may be school-related or it may be sports-related. If may be a relationship or a situation. How do you typically respond? We know we shouldn’t quit and push forward, but there can be one of two ways to do this. One way is to do what is necessary to get through it… or in other words, to “survive.” The other option is to not only get through it, but to capitalize on the opportunity no matter how dreaded or great it is. In other words, to “thrive.” Isaiah reminds us that, even in the most weary states and in the seasons where all seems to be going wrong, we can find hope in the Lord.

**Today, pray you will thrive as you SOAR above your circumstances.**

*God,*

*Your Word promises that you give strength to the weary and increase the power of the weak. I am weary and weak in these areas:*

*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

*Even though I’ve grown tired and weary, even though I have stumbled and fallen, I put my hope in You, Lord. I pray for renewed strength. May I soar on wings like eagles; may I run and not grow weary, may I walk and not grow faint in all of the areas I have mentioned.*

*I pray this in the powerful name of Jesus.*

*Amen.*

**DAY 13: INFILTRATION & TRANSFORMATION**

**Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—His good, pleasing and perfect will.**

**Romans 12:1-2**

In his book “Engaging the Soul of Youth Culture,” Walt Mueller presents three ways we can choose to engage with the world around us.

1. **Accommodation** (or the church on a leash): We simply join in with what we see happening around us. When looking at us and examining our lives, it is hard to see a difference between us and those who do not claim Christianity.
2. **Alienation** (or the church in a bunker): We circle the wagons up and avoid any chance of getting “the world” on us. Non-Christians are the enemy and we find ourselves more offended by the sin around us than we are provoked to be a part of the restoring work of Jesus.
3. **Infiltration & Transformation** (or the church in the world but not of the world): We recognize we have been redeemed by God but also called by Him to be agents of redemption in this world. This is clearly the attitude Paul is taking up in this Romans passage. What if we were to take up the same attitude in our lives?

**Pray that you may live as an agent of infiltration & transformation.**

*Jesus,*

*In light of your mercy and as an act of worship, I offer myself to you as a living sacrifice. I pray that as I step into this culture, you would keep me from being conformed to its patterns, but instead I would be transformed by the renewing of my mind. God, I believe your promise for me, that in these steps I will be able to test and approve what your good, pleasing and perfect will is.*

*Amen.*

**DAY 14: FRIENDS**

**Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.**

**Ephesians 4:31-32**

There is a saying we share with our graduating Seniors as they prepare for life after youth group. “Good spiritual community covers a multitude of issues. Little or no spiritual community significantly amplifies issues.” Friendships play a vital role in your spiritual journey.

**Today, focus your prayer your friend group.**

*Lord,*

*I lift up these friends:*

*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.*

*As we spend time together and interact, I pray we would be free of all forms of bitterness, rage, anger, harsh words, slander and any types of evil behavior. Instead, I ask that my friendships be marked by kindness. Allow us to display a tenderhearted nature toward each. Help us learn to forgive each other in the same way you have forgiven through your son.*

*Amen.*

**Added Exercise:** What are some specific ways you can be praying for your friends today? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_